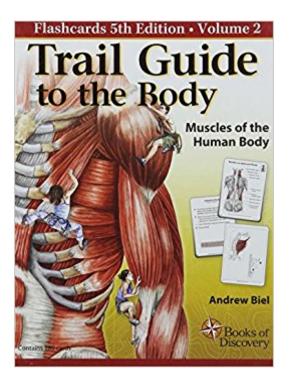
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# Trail Guide To The Body Flashcards Vol. 2: Muscles Of The Body





## Synopsis

Flashcards are a powerful way to learn and memorize anatomical structures - especially when they have images identical to those in the textbook. Repetition aids retention! Volume 2 covers the muscles of the human body with 189 cards. These flashcards cover the following chapters in Trail Guide to the Body: Shoulder/Arm, Forearm/Hand, Spine/Thorax, Head/Neck, Pelvis/Thigh, Leg/Foot. Features of these flashcards include beautiful, hand-drawn illustrations in a two-color format, a list of the Action, Origin, Insertion and Nerve innervation (AOIN) of each muscle, and the pronunciation of each muscle. Page references in the bottom corner are for finding more information in Trail Guide to the Body Textbook. Quick symbols are in the upper right-hand corner. Call-out letters (a, b, c, d) have been placed next to each structure to help you identify the specific structure in question. Binder ring that lets you organize cards to study only those you need, and they are durable, coated cards (5 1/2" x 4') that are easy to handle and made to last. 5th Edition. Published September 2014. ISBN 978-0-9829786-8-9.

### **Book Information**

Cards Publisher: Book of Discovery; 5 Flc Crds edition (June 1, 2014) Language: English ISBN-10: 0982978685 ISBN-13: 978-0982978689 Product Dimensions: 6 x 4.4 x 2.3 inches Shipping Weight: 1.6 pounds (View shipping rates and policies) Average Customer Review: 4.8 out of 5 stars Â See all reviews (17 customer reviews) Best Sellers Rank: #37,023 in Books (See Top 100 in Books) #41 in Books > Textbooks > Medicine & Health Sciences > Allied Health Services > Physical Therapy #50 in Books > Medical Books > Allied Health Professions > Physical Therapy #105 in Books > Textbooks > Science & Mathematics > Biology & Life Sciences > Anatomy & Physiology

#### **Customer Reviews**

its ok for med people and as a quick portable reference if you were seduced by the high quality illustration on the box, don't expect the same on the cards, they are accurate and simple like old sailor tattoo ink art black and red lines, The best thing to get is "Muscle premium" software for ipad iphone or pc, etc. full 3D lighted modeling, bones . muscles, or both, zooming and rotating and panning , turn on off any muscle or bones, with color coding, see the connections from the inside ,

and complete origin and insertion info tags turned on or off, an interface a second grader could use, full 3D lighting models that track rotation, and it is only 10 dollars more than these tattoo drawings and best part is you can click on motion and see the muscles in motion from any angle and the effect on other muscles and combined action of muscles and then turn on or off any muscle. there is a motion library for all major muscles and the quality of the 3d models is spectacular. There are also built in quizzes, I am not associated with the company and this is not paid for by the software company but when I played with the software after I loaded it and compared it to these tattoo cards, it is the difference between the "world is flat, ...no the world is round". for only 10 dollars more. Plus you don't need to lug the cards around if you have your phone, so instead of playing a games or texting, learn anatomy in a very interactiveway.

I liked these cards. Even though it only came with with clip, I would tie them in sections with zip ties. I could make notes on them based on information my instructor wanted me to know. Sometimes I had to change an innervation or attachment, but these worked well for me and a whole lot easier than making my own.

I made my own for the class but these are smaller and easier to take a few and put them on the ring when I just want to have a few with me.

What a great tool to use in my practice. Not only is it a great reference for me but, I'm able to pull a card and share the information with my patients! Love it!

I am student of Palmer College of Chiropracitic, and for me is very good and easy way to learn about the insertions, origen, action and inervetions

Exactly what I expected. Clear illustrations, convenient size. The ring makes it easy to group the cards you are working on.

Very handy companion to the book. I take a few cards work me everywhere I go so that I can use free minutes to review.

I can take them with me anywhere and keep on learning whenever I have some waiting time . <u>Download to continue reading...</u>

Trail Guide to the Body Flashcards Vol. 2: Muscles of the Body Muscles: Testing and Function, with Posture and Pain (Kendall, Muscles) Memorize Muscles, Origins, and Insertions with Cartoons and Mnemonics: 47 Muscles of the Upper Quadrant Memorize Muscles, Origins, and Insertions with Cartoons and Mnemonics: 46 Muscles of the Lower Quadrant Trail Guide to the Body: How to Locate Muscles, Bones and More Second Grade Math Flashcards (Flashcards Math) Third Grade Math Flashcards (Flashcards Math) The Muscular System Manual: The Skeletal Muscles of the Human Body, 4e How Muscles Learn: Teaching the Violin with the Body in Mind Training on the Trail: Practical Solutions for Trail Riding Appalachian Trail Conservancy Appalachian Trail Data Book 2016 My Bodyworks: Songs About Your Bones, Muscles, Heart And More! Fitness Information for Teens: Health Tips About Exercise and Active Lifestyles: Including Facts About Healthy Muscles and Bones, Starting and ... Plans, Aerobic Fit (Teen Health Series) Leonardo's Foot: How 10 Toes, 52 Bones, and 66 Muscles Shaped the Human World Muscles and Meridians: The Manipulation of Shape, 1e English from the Roots Up Flashcards, Vol. 2 Trail Guide to the Body Workbook Let's Learn Japanese Kit: 64 Basic Japanese Words and Their Uses (Flashcards, Audio CD, Games & Songs, Learning Guide and Wall Chart) Let's Learn Korean Kit: 64 Basic Korean Words and Their Uses (Flashcards, Audio CD, Games & Songs, Learning Guide and Wall Chart) Let's Learn Mandarin Chinese Kit: 64 Basic Mandarin Chinese Words and Their Uses (Flashcards, Audio CD, Games & Songs, Learning Guide and Wall Chart)

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